

# My Shopping List

<b>Protein</b>	<b>Dairy</b>	<b>Breads / Starches</b>	<b>Fats</b>	<b>Fruit</b>	<b>Veggie</b>

<b>Beverages</b>	<b>Condiments</b>	<b>Snacks</b>	<b>Notes / Other</b>